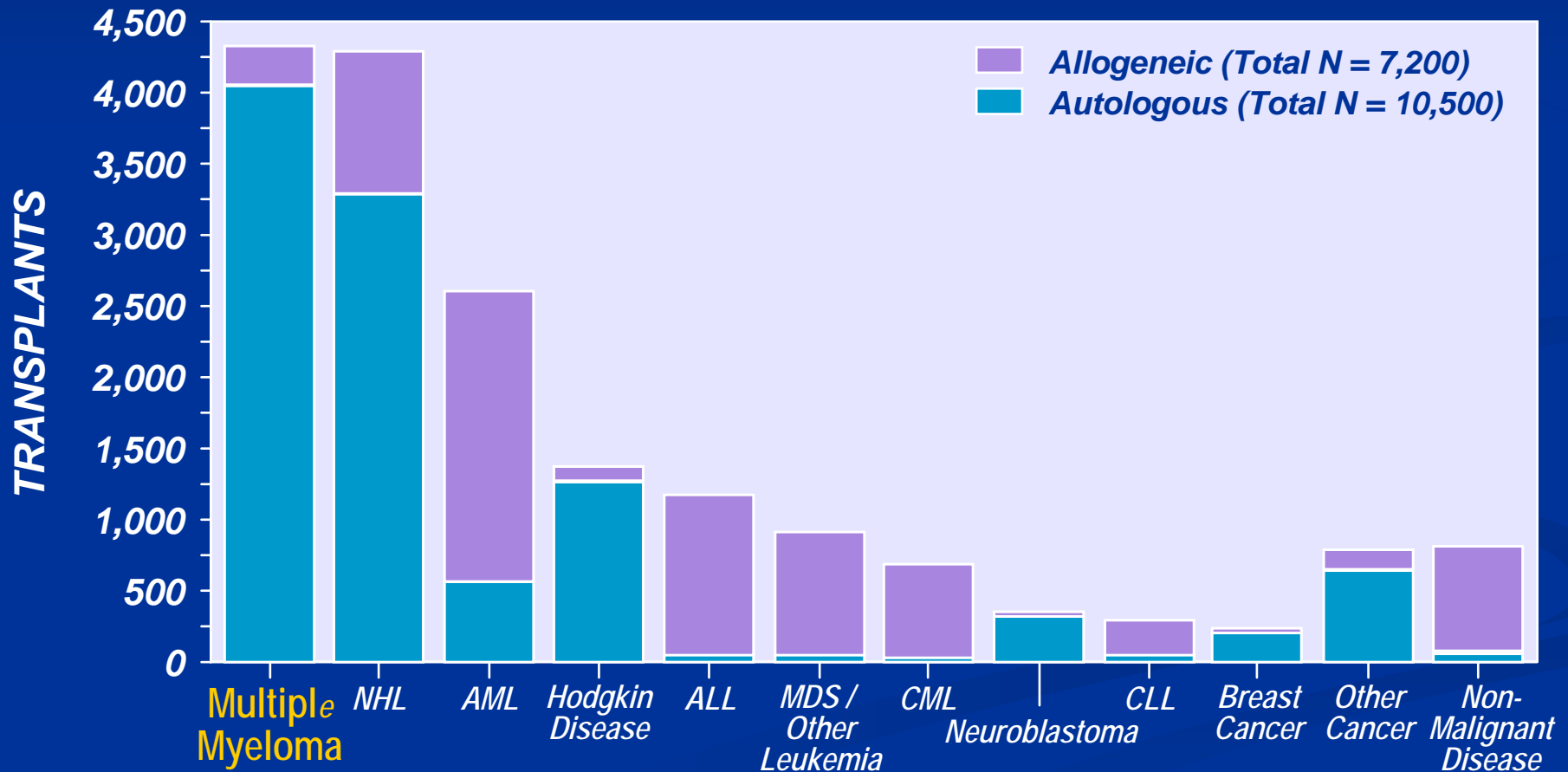


INDICATIONS FOR BLOOD AND MARROW TRANSPLANTATION IN NORTH AMERICA 2003



High dose therapy in MM

- 1 - HDT versus CC ?
 - 2 - Which preparative regimen ?
 - 3 - Double transplantation ?
 - 4 - HDT and new drugs?
 - 5 - Allogeneic transplant ?
-

IFM 90 : General outline

C1 : VMCP

C2 : VBAP

C3 : VMCP

C4 : VBAP

C5 : VMCP

C6 : VBAP

C7 : VMCP

C8 : VBAP

C9 : VMCP

C18 : VBAP

MELPHALAN / TBI
+ ABMT

IFN α



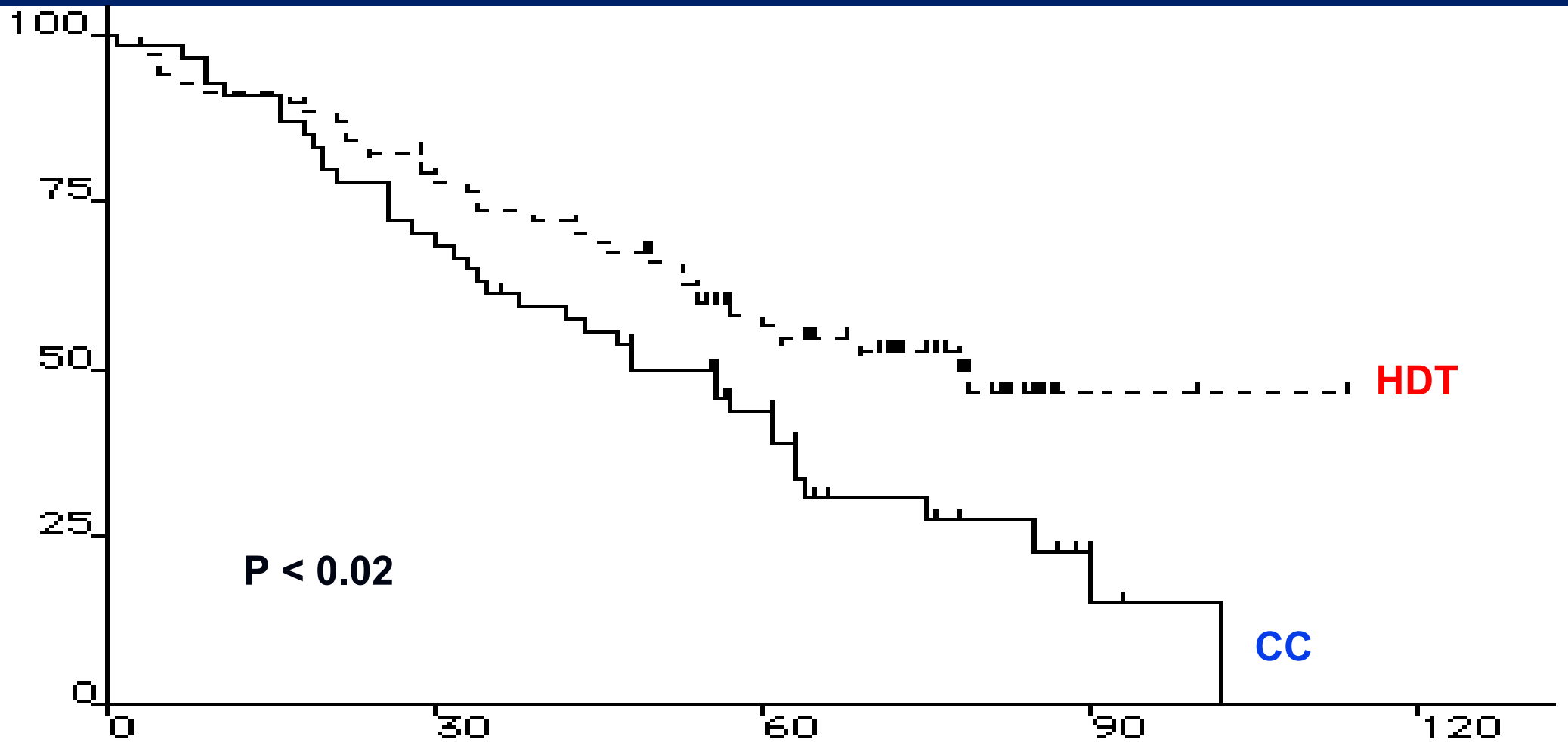
Till relapse

IFN α

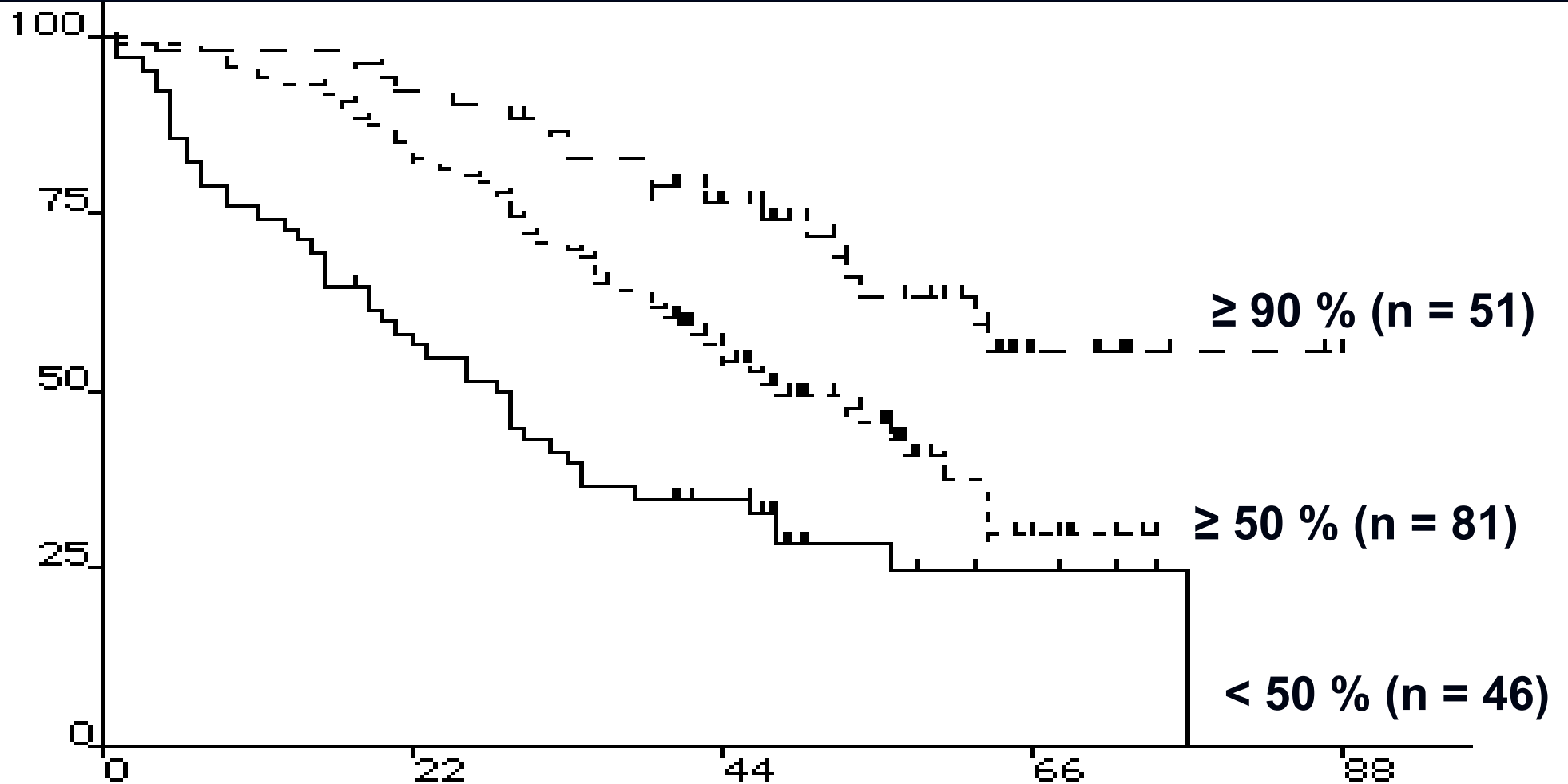


Till relapse

IFM 90 : Survival \leq 60 years



IFM 90 : Survival according to response



CC vs ASCT

RANDOMIZED STUDIES

	Nb of pts	Age	CC	HDT	SCT	Maintenance
IFM90 (NEJM 96)	200	≤ 65 Med 57	VMCP/VBAP	HDM140 + TBI 8G	BM	IFN
MRC7 (NEJM 03)	401	≤ 65 Med 55	ABCM	HDM200	PBSC	IFN
Italian MMSG (Turin 2004)	195	55-70 Med 62	MP	HDM100x2 + PBSC	PBSC	IFN + Dex
MAG91 (ASH 99)	190	55-65 Med 61	VMCP	HDM140 + Bu 16	PBSC	-
PETHEMA* (ASH 03)	164	≤ 65 Med 56	VBMCP/VBAD*	HDM140 + TBI 12G*	PBSC	IFN + Dex
US INTERGROUP (ASH 2003)	510		VAD/VBMCP	Mel + TBI 12G	PBSC	IFN vs 0

* In patients responding to initial CT

CC VS ASCT:

CR RATE

	CR defin	CC	ASCT	p. Value
IFM90	< 0 EP	5	22	< 0.001
MRC7	< 0 If	8	44	< 0.001
IMMSG	< 0 EP	7	26	<0.0001
PETHEMA	< 0 EP	11	30	0.002
USIG	< 0 If	15	17	NS

CC VS ASCT:

EFS

	Med F-up	CC	ASCT	p. Value
IFM90	7 y	18	28	0.01
MRC7	42 m	19	31	< 0.001
IMMSG	3 y	16	28	0.0036
MAG91	8.4 y	19	25	0.05
PETHEMA	44 m	34	42	NS
USIG	-	21	25	0.05

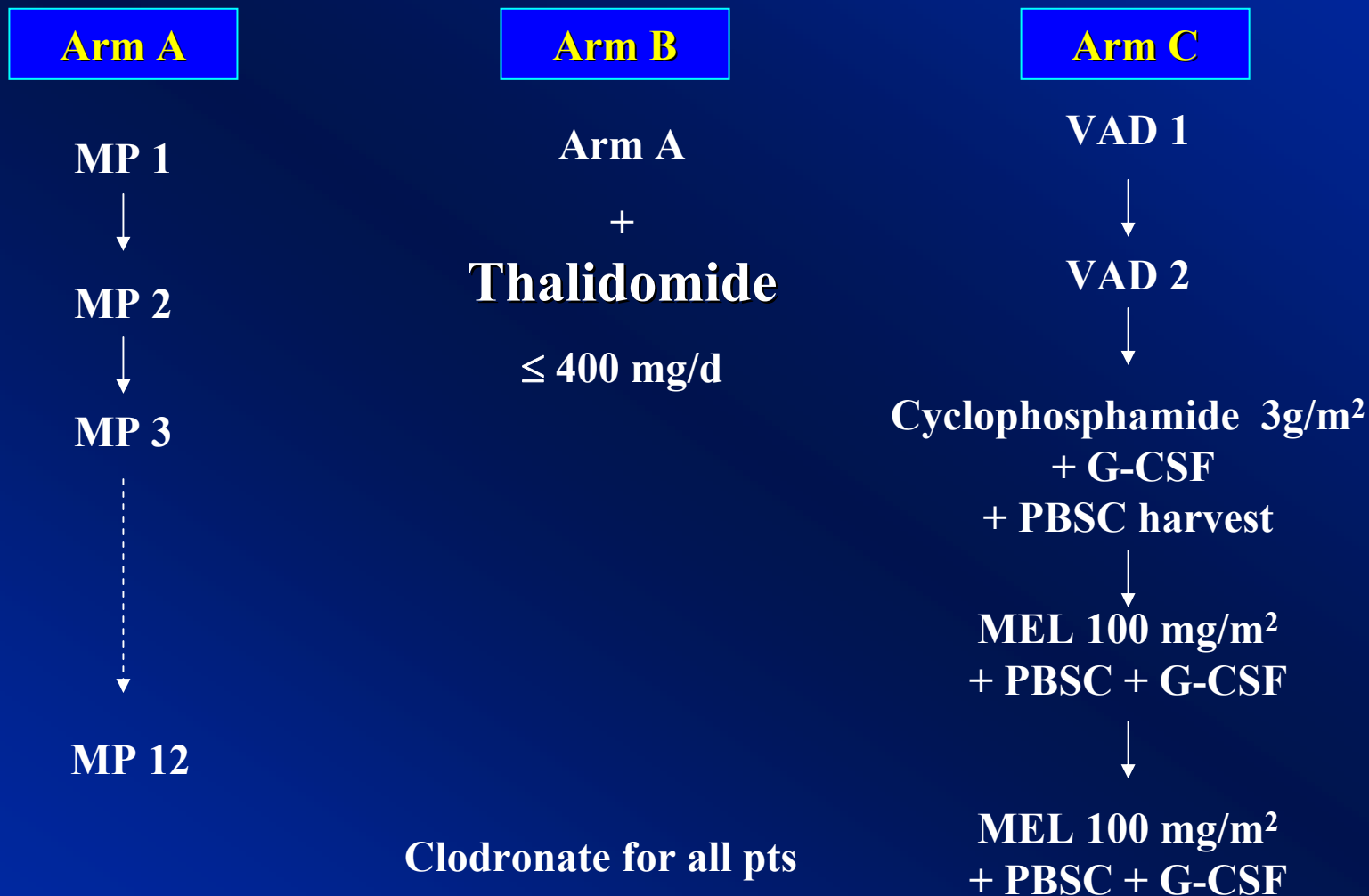
CC versus HDT: Overall Survival

	HD regimen	CC	HDT	p. Value
IFM90	Mel+TBI 8Gy	44	57	0.03
MRC7	Mel	42	54	< 0.001
IMMSG	Mel	43	58+	0.0008
MAG91	Mel+BU	45	42	NS
PETHEMA	Mel+TBI 12Gy	67	65	NS
USIG	Mel +TBI 12Gy	53	58	NS

Mel Without TBI should be the preparative regimen!!!

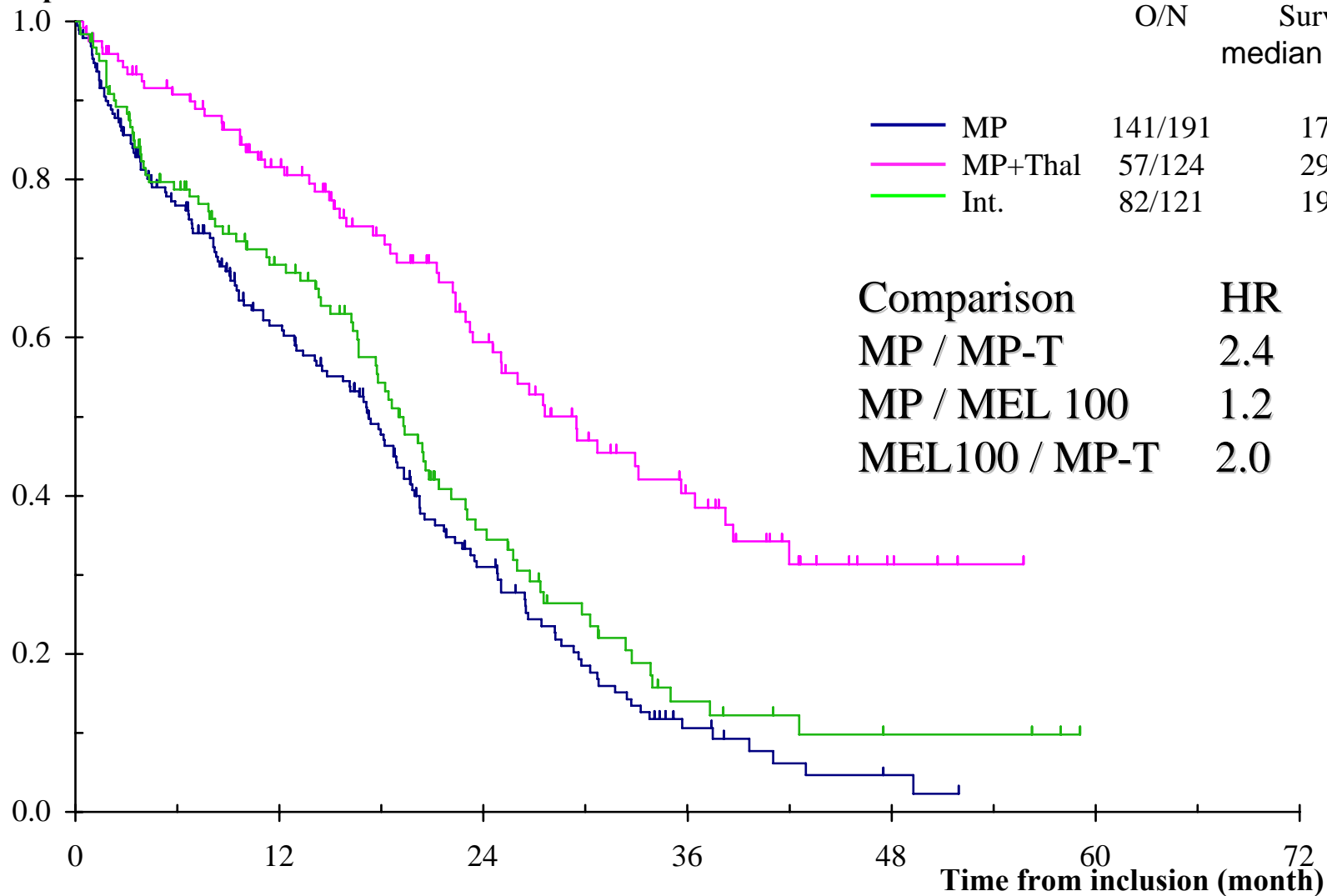
IFM 99-06

Newly diagnosed MM 65-75 years



PROGRESSION-FREE SURVIVAL ACCORDING TO TREATMENT

Proportion

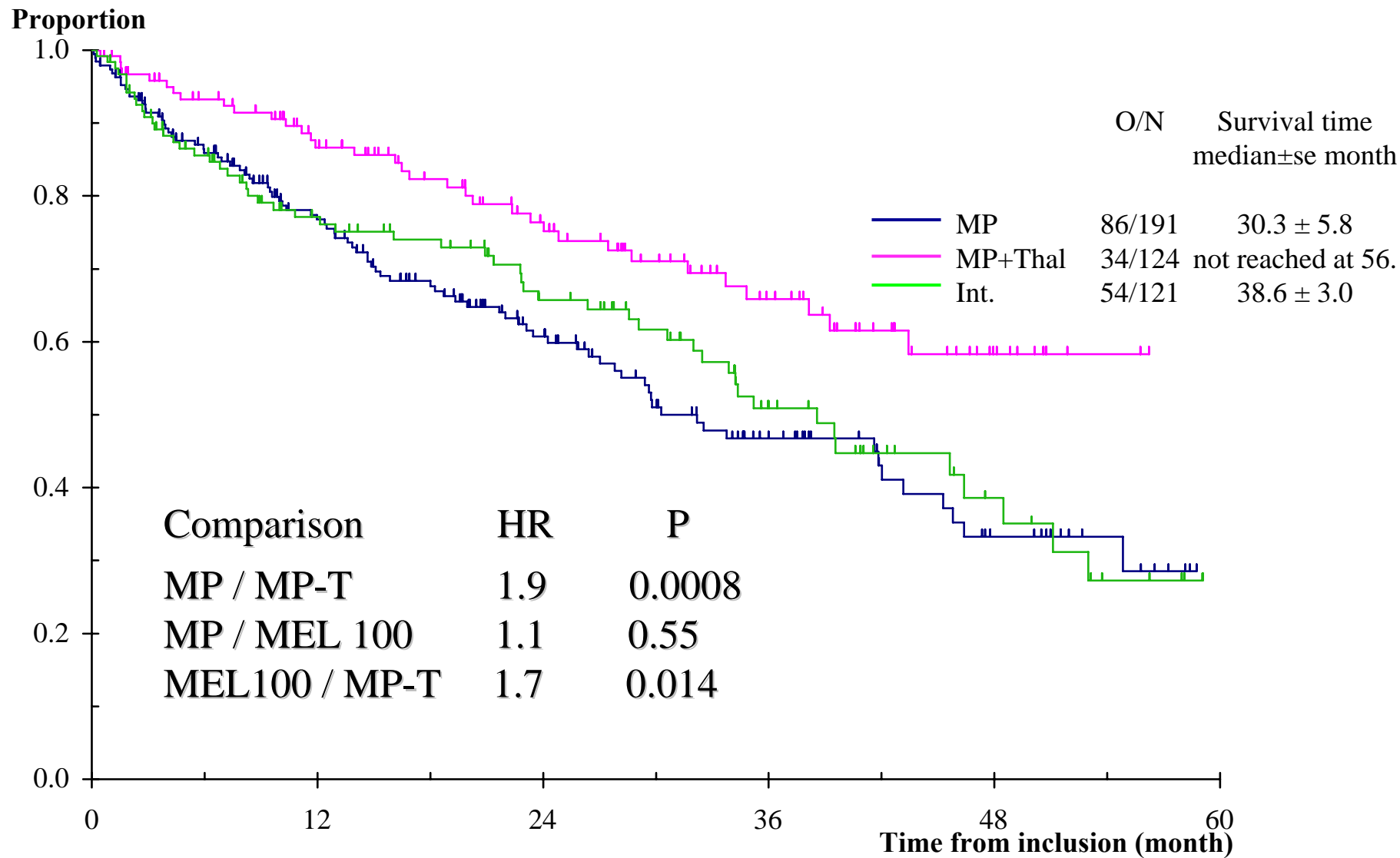


O/N Survival time
median \pm se (month)

— MP	141/191	17.2 \pm 1.5
— MP+Thal	57/124	29.5 \pm 3.6
— Int.	82/121	19.0 \pm 1.3

Comparison	HR	P
MP / MP-T	2.4	< 0.0001
MP / MEL 100	1.2	0.16
MEL100 / MP-T	2.0	0.0001

OVERALL SURVIVAL ACCORDING TO TREATMENT



Autologous SCT: Current status in young and elderly patients

- In young patients (< 65 years), ASCT:
 - Is the Standard of care
 - Survival benefit is related to CR achievement
 - TBI (12G) or BU 16 should be avoid
- In elderly patients (> 65 years), ASCT:
 - Is not recommended

High dose therapy in MM

- 1 - HDT versus CC ?
 - 2 - Which preparative regimen ?
 - 3 - Double transplantation ?
 - 4 - HDT and new drugs?
 - 5 - Allogeneic transplant ?
-

IFM 95 : Design

VAD x 3

Stem cell collection

Randomisation

```
graph TD; A[Stem cell collection] --> B[Randomisation]; B --> C[ARM A = MEL-140 + TBI + PBSC]; B --> D[ARM B = MEL-200 + PBSC];
```

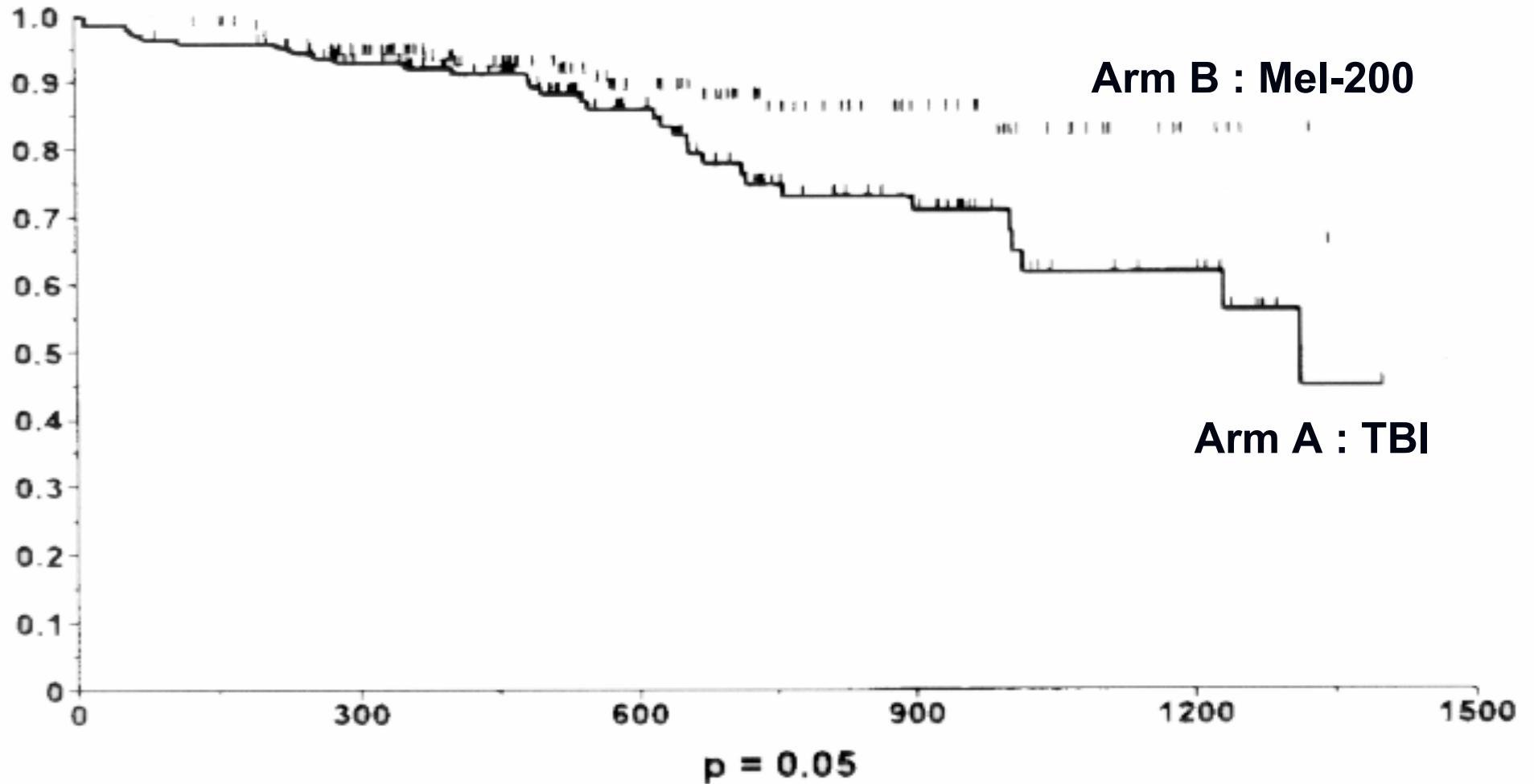
ARM A =
MEL-140 + TBI
+ PBSC

ARM B =
MEL-200
+ PBSC

IFM 95 : T.R. Toxicity

	Arm A	Arm B	p.
ANC < 500	10 d	8 d	<0.001
Plat < 25 000	7 d	5 d	<0.001
Nb of plat T.S.	2	1	0.001
Grade 3/4 toxicities (%)			
- mucositis	51	30	0.01
- cardiac	4	1	
- pulmonary	6	1	
- renal	4	2	
T.R.M. (%)	4	0	0.07

IFM 95 : SURVIVAL



IFM 95 : CONCLUSIONS

1 - Mel-200 improves T.R. toxicities.

2 - Mel-200 improves OS but not EFS

(better survival after relapse)

C Mel-200 is the recommended preparative regimen !

High dose therapy in MM

- 1 - HDT versus CC ?
 - 2 - Which preparative regimen ?
 - 3 - **Double transplantation ?**
 - 4 - HDT and new drugs?
 - 5 - Allogeneic transplant ?
-

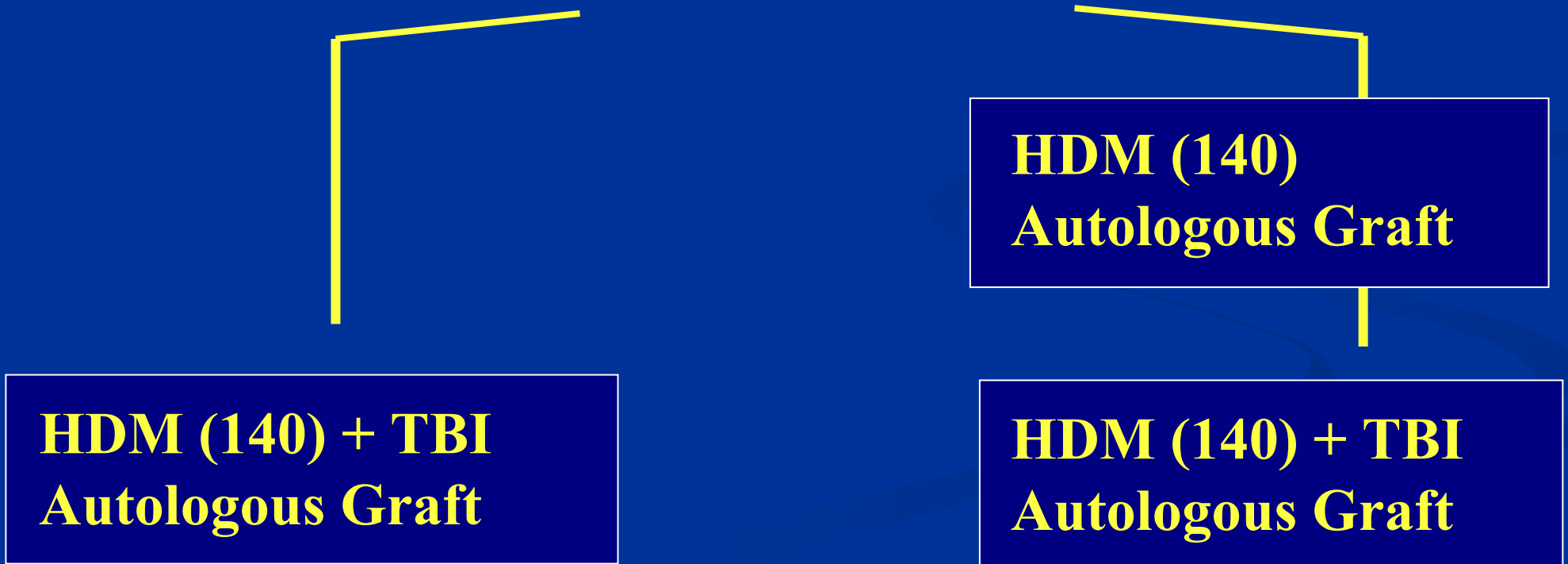
IFM 94 : General outline

VAD 1

VAD 2

VAD 3

Autologous Stem Cell Collection



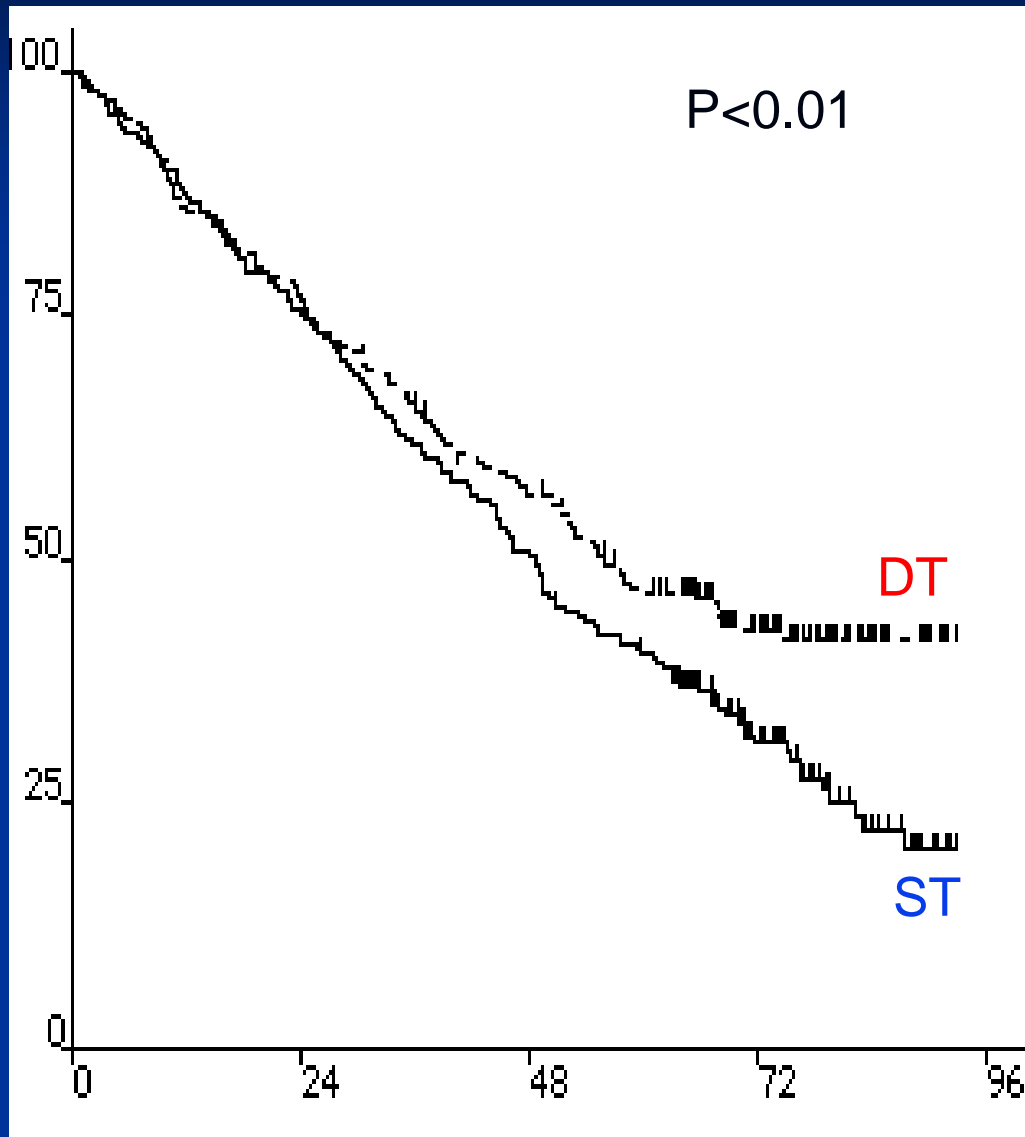
**HDM (140) + TBI
Autologous Graft**

**HDM (140)
Autologous Graft**

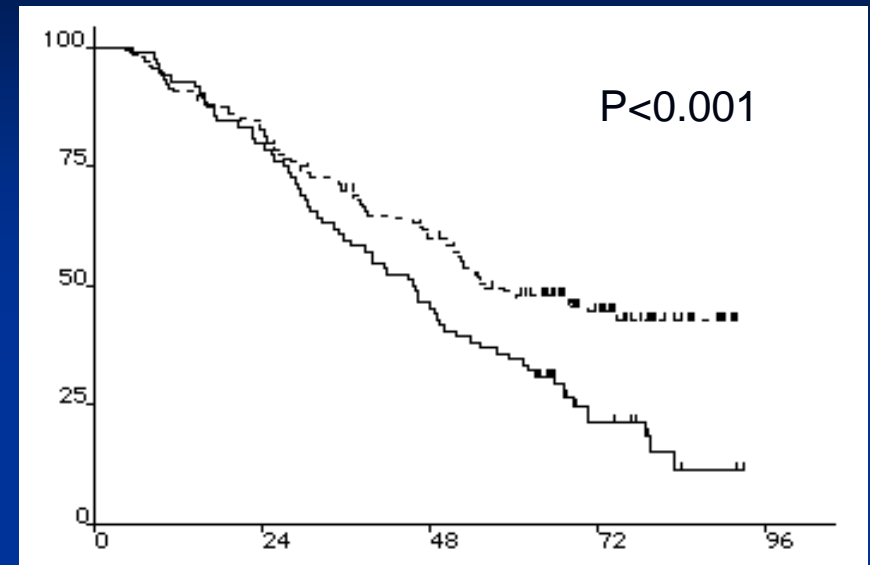
**HDM (140) + TBI
Autologous Graft**

IFM 94 : Overall Survival

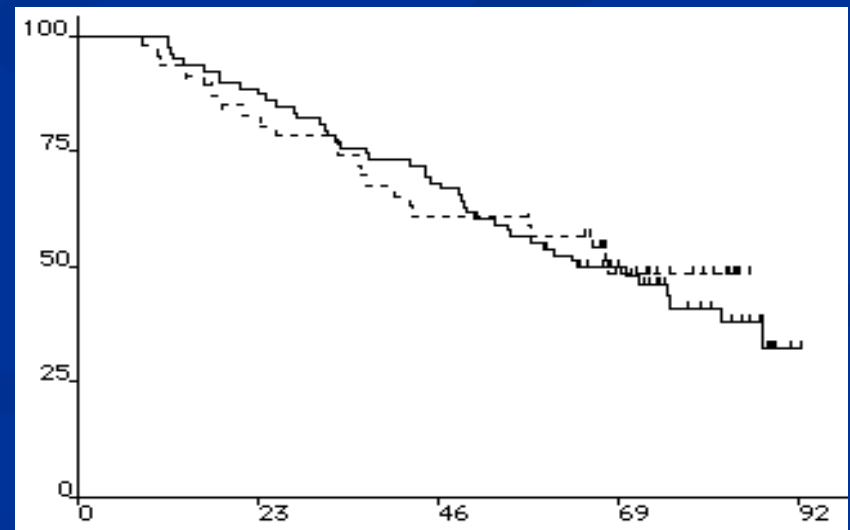
ALL PATIENTS



OS if response to 1st graft < 90%



OS if response to 1st graft \geq 90 %



SINGLE VS DOUBLE ASCT RANDOMIZED STUDIES

	Single	Double	△
<i>*IFM 94</i>	HDM140 +TBI	HDM 280 + TBI	HDM 140
<i>*MAG95</i>	Multidrug +TBI	HDM 280 + TBI	/
<i>*Bologna</i>	HDM 200	HDM 320 + BU	HDM 120 + BU
<i>*GMMG</i>	HDM 200	HDM 400	HDM 200
<i>*Hovon</i>	HDM70x2	HDM140+CY+TBI	CY + TBI

SINGLE VS DOUBLE ASCT:

MEDIAN EFS

	Med F-up	Single	Double	p. value
IFM 94	75 m	25	30	0.03
MAG 95	53 m	31	33	NS
Bologna	3 y	21.5	31	0.02
GMMG	26 m	23	NR	0.03
Hovon	56 m	20	22	0.016

SINGLE VS DOUBLE ASCT

MEDIAN OS

	Med F-up	Single	Double	p. value
IFM94	75 m	48	58	0.01
MAG95	53 m	49	73	0.04
Bologna	40 m	56	60	NS / 0.01
GMMG	?	?	?	?
Hovon	56 m	55	50	NS

SINGLE vs DOUBLE ASCT

- Current results are **in favor of double ASCT** (OS in 3/5 studies, EFS in 4/5 studies)
 - **Long follow-up** is needed before drawing definite conclusions (IFM 94, MAG, Hovon)
 - However, 7-year EFS is only 20% in the DT arm
Maintenance Therapy: Thal?
-

High dose therapy in MM

- 1 - HDT versus CC ?
 - 2 - Which preparative regimen ?
 - 3 - Double transplantation ?
 - 4 - HDT and new drugs?
 - 5 - Allogeneic transplant ?
-

Optimizing Stem Cell Transplantation (SCT)

- **The role of new drugs:**
 - **In the induction regimen**
 - **In the conditioning regimen**
 - **In the maintenance regimen**

ASCT: the Induction Regimen.

The goals of the Induction Regimen

- **Rapid reduction of tumor mass:**

Dexamethasone based (DEX or VAD) !

- **Adequate stem cell collection:**

No Alkylating agents !

Q : Could New Drugs improve DEX or VAD ?

ASCT and New Drugs: induction

Author	Regimen	N	RR	CR/VGPR	p
Cavo	VAD	100	52%	14%	0.00 1
	Dex-Thal	100	76%	19%	
Rajkumar	Dex	104	41%		0.00 2
	Dex-Thal	103	63%		
Goldschmidt	VAD	200	63%	CR= 3%	0.00 1
	TAD	200	80%	CR=7%	
Harousseau	Dex-Vel	48	67%	31%	
Rajkumar	Dex-Rev	34	91%	38%	

ASCT and New Drugs: Induction

- **New Drugs + DEX > DEX alone or VAD:**
 - ✓ **20 - 38% of CR or VGPR (vs 10%).**
 - ✓ **Adequate stem cell collection.**
-

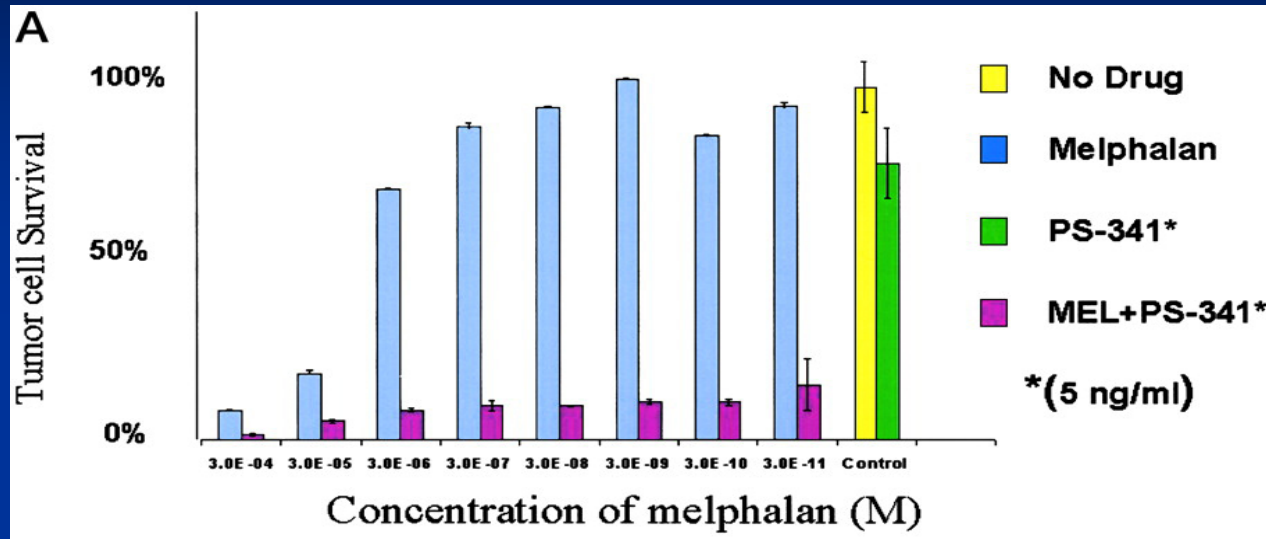
Optimizing Stem Cell Transplantation (SCT)

- **The role of new drugs:**
 - **In the induction regimen**
 - **In the conditioning regimen**
 - **In the maintenance regimen**

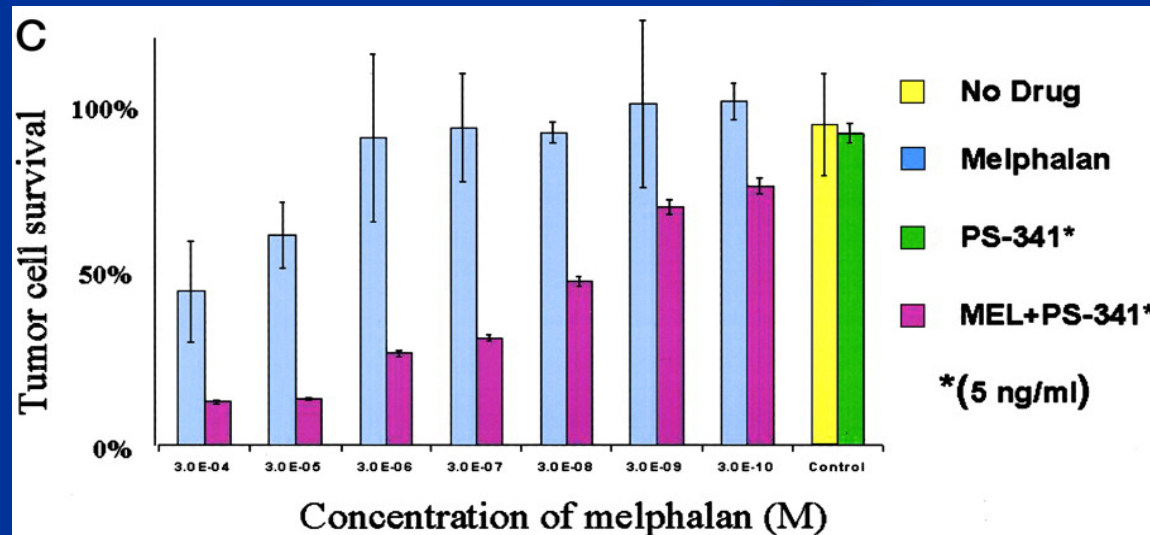
HDT and New Drugs: the HD Regimen

- **The Standard HD regimen:**
 - ✓ Mel 200mg / m²
- **The addition of Velcade was logical:**
 - ✓ Synergistic effects
 - ✓ No shared toxicities

Cell lines and fresh MM cells : synergistic Effect between melphalan and bortezomib



MM cells lines

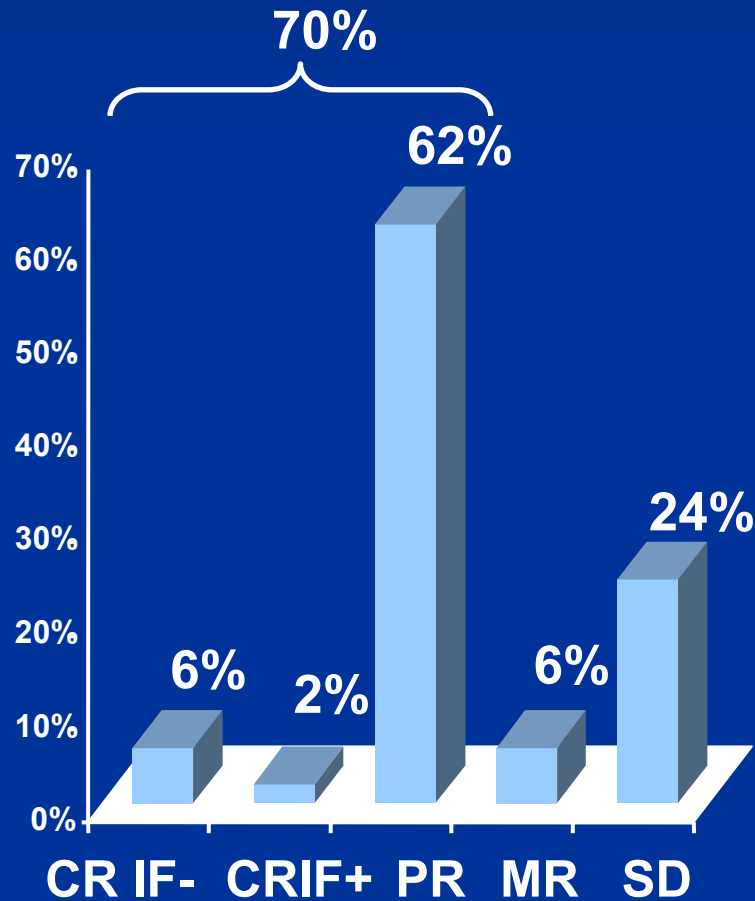


Fresh MM BMMCs

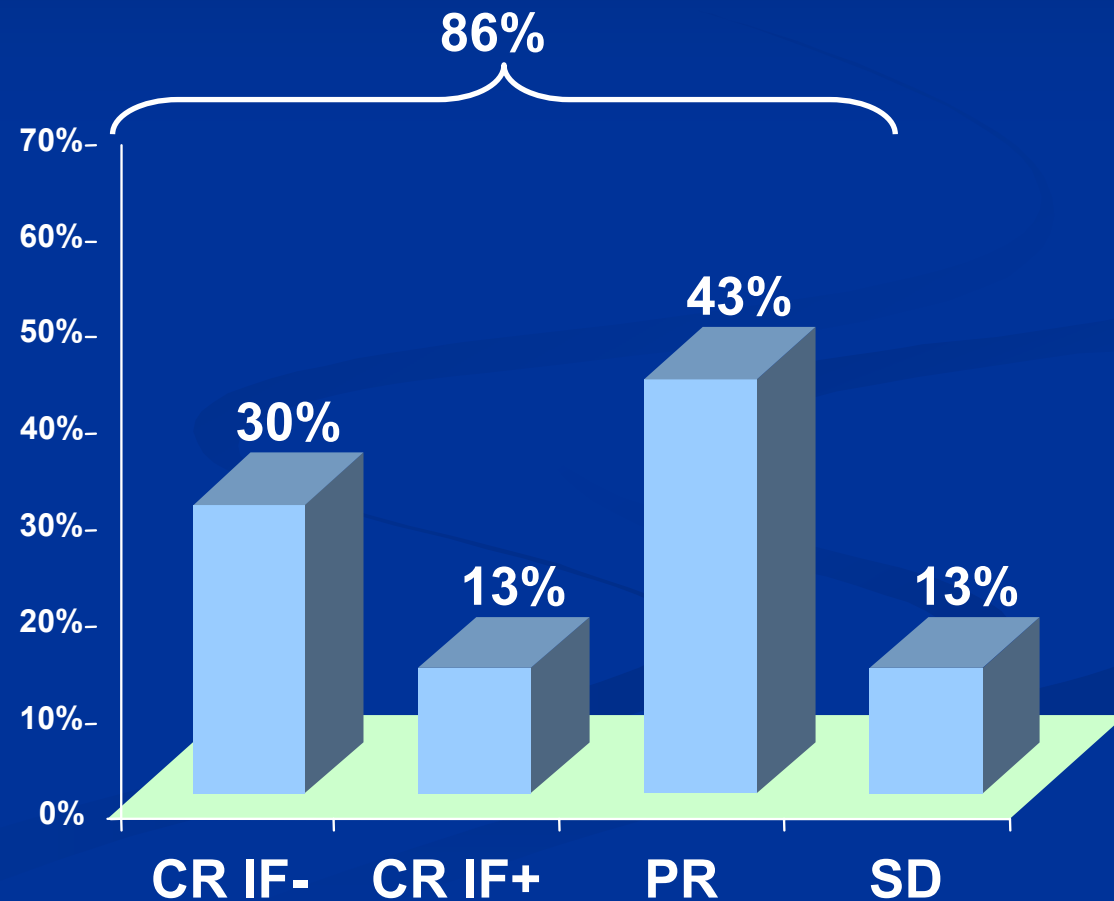
V-MP: Response rates (n=53)

Analysis of the best response so far achieved

1st cycle V-MP



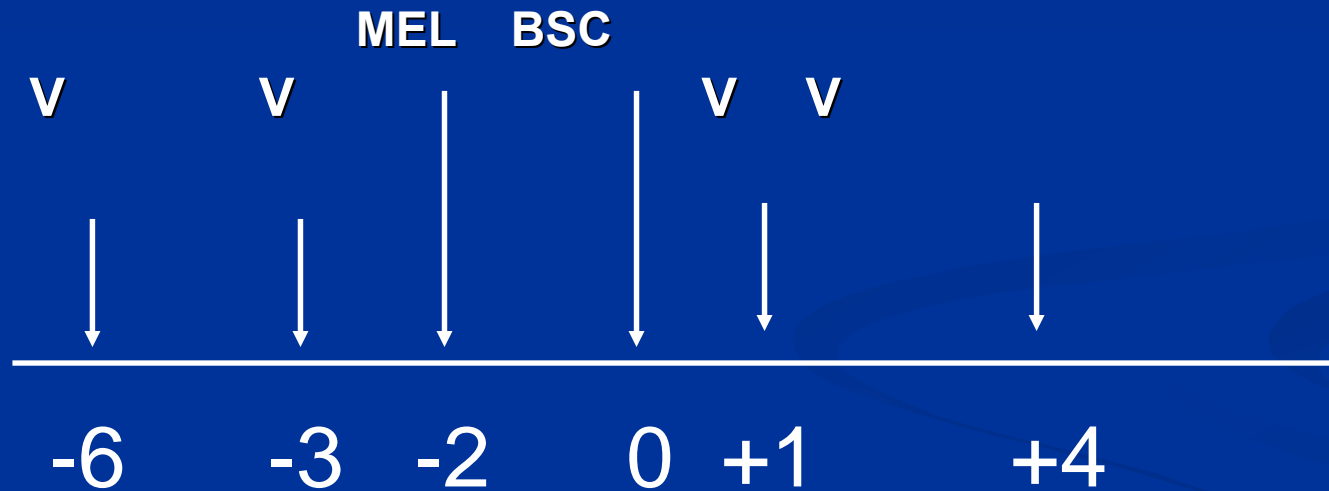
Best response: median 5 cycles (2-9)



V-MP: TOXICITY according to Cycles (n=60)

	GRADE ≥ 3	
	1st-2 cycles	≥ 3 cycles
NAUSEA	2%	0%
VOMITING	2%	0%
DIARRHEA	8%	2%
CONSTIPATION	6%	2%
ANOREXIA	2%	0%
ASTENIA	4%	2%
INFECTION	12%	4%
PN	8%	6%
THROMBOCYTOPENIA	33%	17%
NEUTROPENIA	33%	24%
ANEMIA	8%	2%

The VEL-MEL Regimen



V= Velcade 1mg / m²

MEL= Melphalan 200 mg / m²

The Vel-Mel Regimen: Patients

- **N = 25**
- **Median Age = 56 y (39-67)**
- **Status of disease:**
 - ✓ **Response < 50% to VAD = 18**
 - ✓ **Response < 90% to HDM = 7**

The VEL-MEL Regimen

- $PN < 500/\text{mm}^3 = 7 \text{ d (5-10)}$
- $Plat < 20000/\text{mm}^3 = 1.5 \text{ d (0-7)}$
- Severe Mucositis = 20%
- Response Rate:
 - ✓ $CR = 31\% !!$
 - ✓ $VGPR = 46\%$
 - ✓ $CR + VGPR = 77\% !!!!$

Optimizing Stem Cell Transplantation (SCT)

- **The role of new drugs:**
 - **In the induction regimen**
 - **In the conditioning regimen**
 - **In the maintenance regimen**

ASCT and New Drugs: Maintenance

- **Maintenance after ASCT is a logical issue : Residual Disease .**
- **The effective Maintenance therapy is unknown:**
 - ✓ **Chemotherapy failed to demonstrate any benefit.**
 - ✓ **Maintenance interferon showed a modest increase in PFS without any, or with minimal, survival benefit.**
 - ✓ **Corticosteroid were found to prolong the duration of response, however the impact on survival was controversial.**
- **Thus, Thalidomide was an attractive candidate:**
 - ✓ **Oral agent**
 - ✓ **Active among patients who had failed high dose therapy,**
 - ✓ **With doses as low as 50 mg,**
 - ✓ **Without myelosuppressive toxicity.**

IFM 99 02 : Study Design

**Inclusion: Δ 13 ; β 2m
(0 or 1 Factor)**

- VAD x 3
- Mel-140 + PBSC
- Mel 200 + PBSC

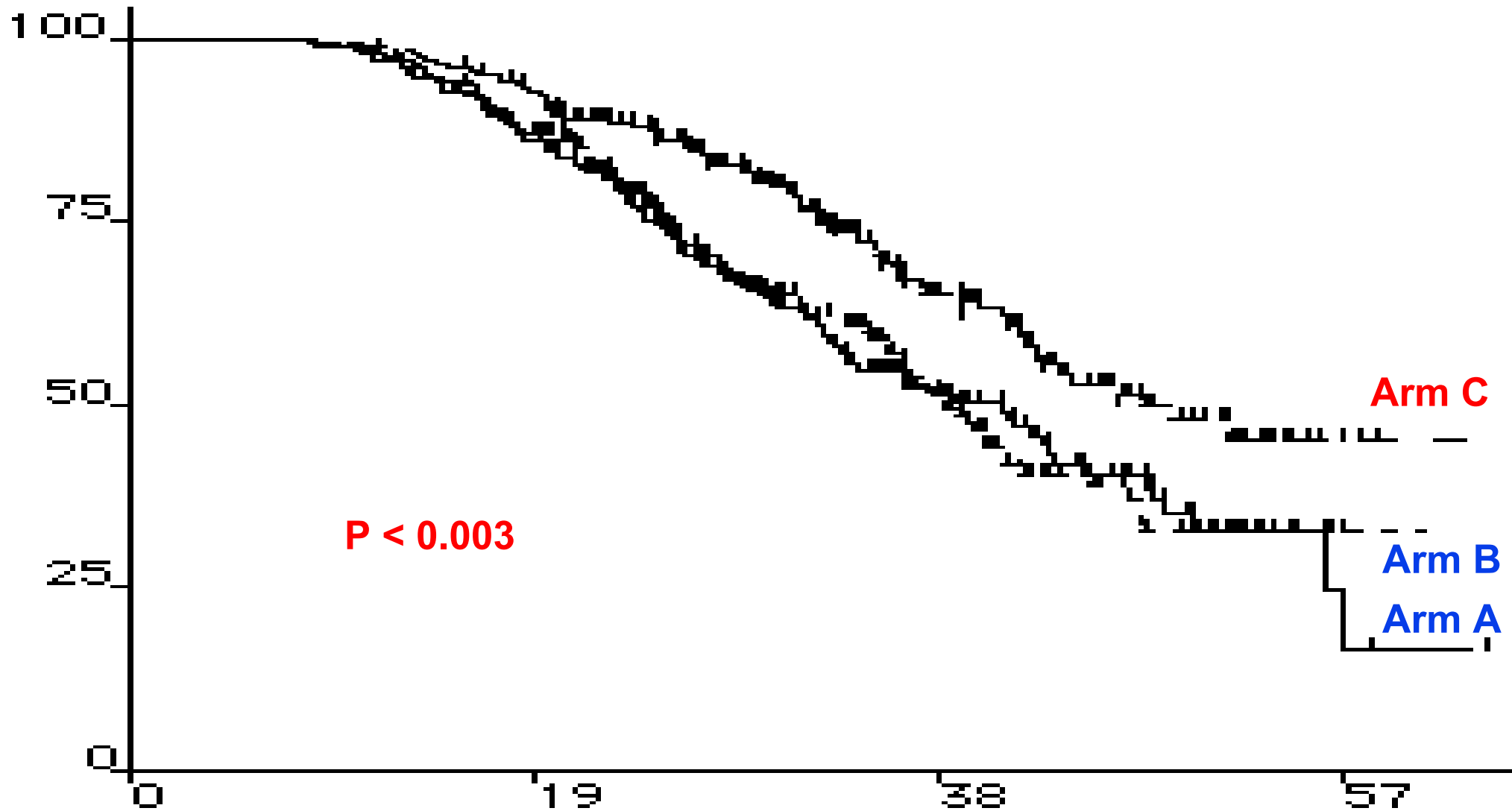
Randomization

No maintenance	Pamidronate	Pamidronate + Thal
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IFM 99 02: Response Rate $\geq 90\%$.

	Arm A	Arm B	Arm C	p
▪ After VAD	15%	15%	16%	NS
▪ At Random	45%	47%	50%	NS
▪ After Random	55%	57%	68%	0.03

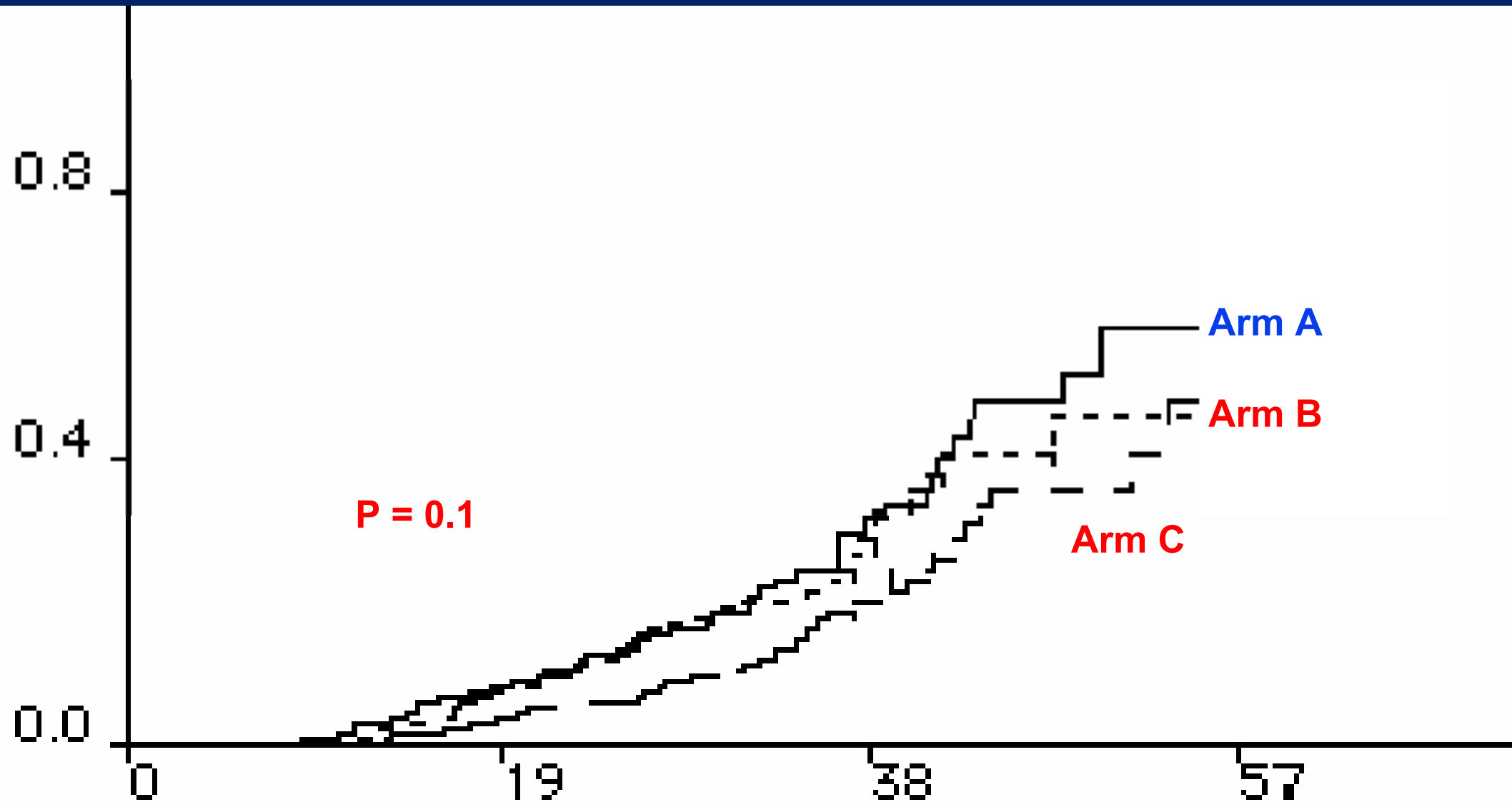
IFM 99 02 : EFS from Diagnosis



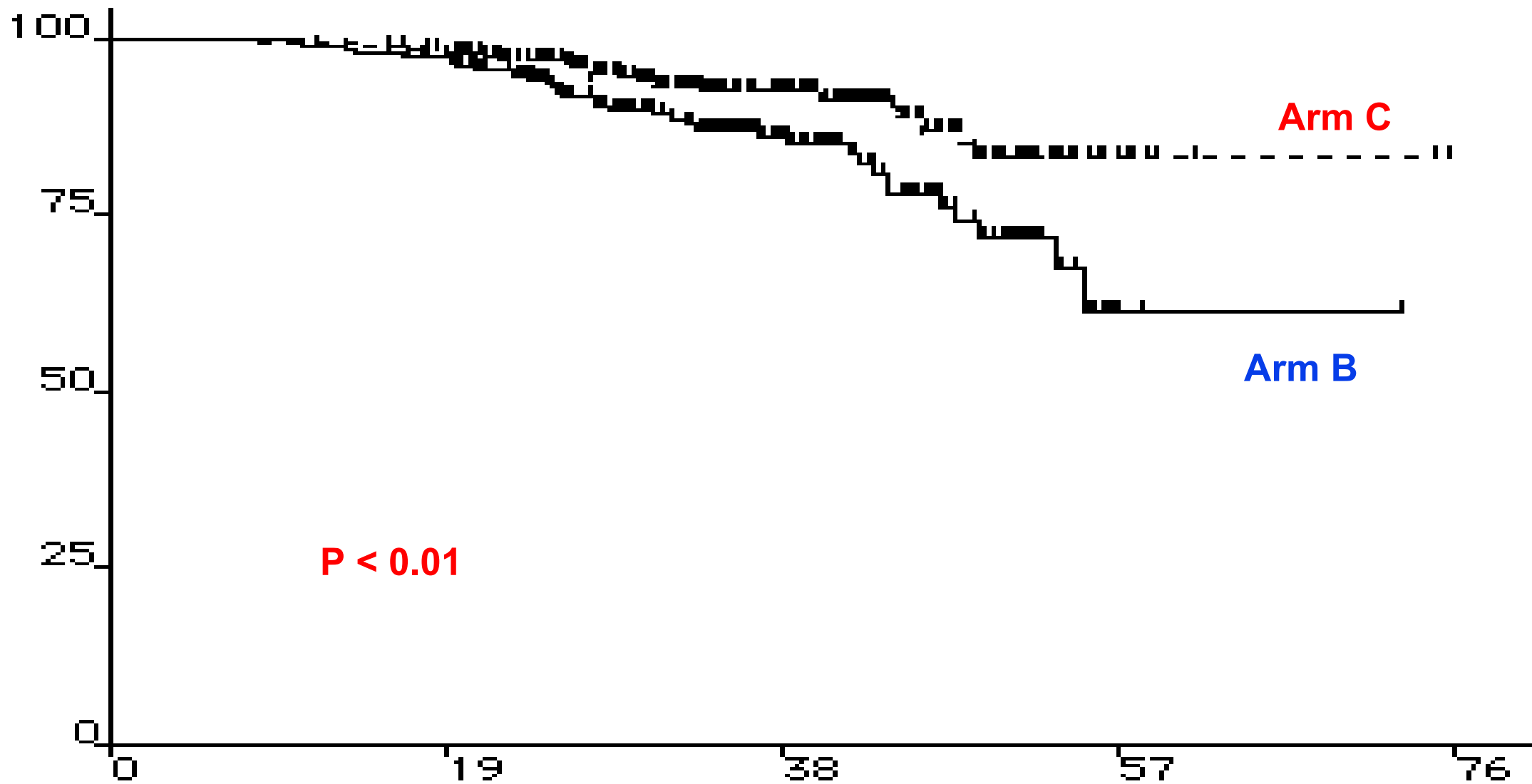
IFM 99 02 : Risk of Bone Events.

	Arm A	Arm B	Arm C	p
▪ Bone Events	24%	20%	18%	NS
▪ 4-year risk of Bone Events	53%	46%	35%	0.1

IFM 99 02 : Risk of Bone Events

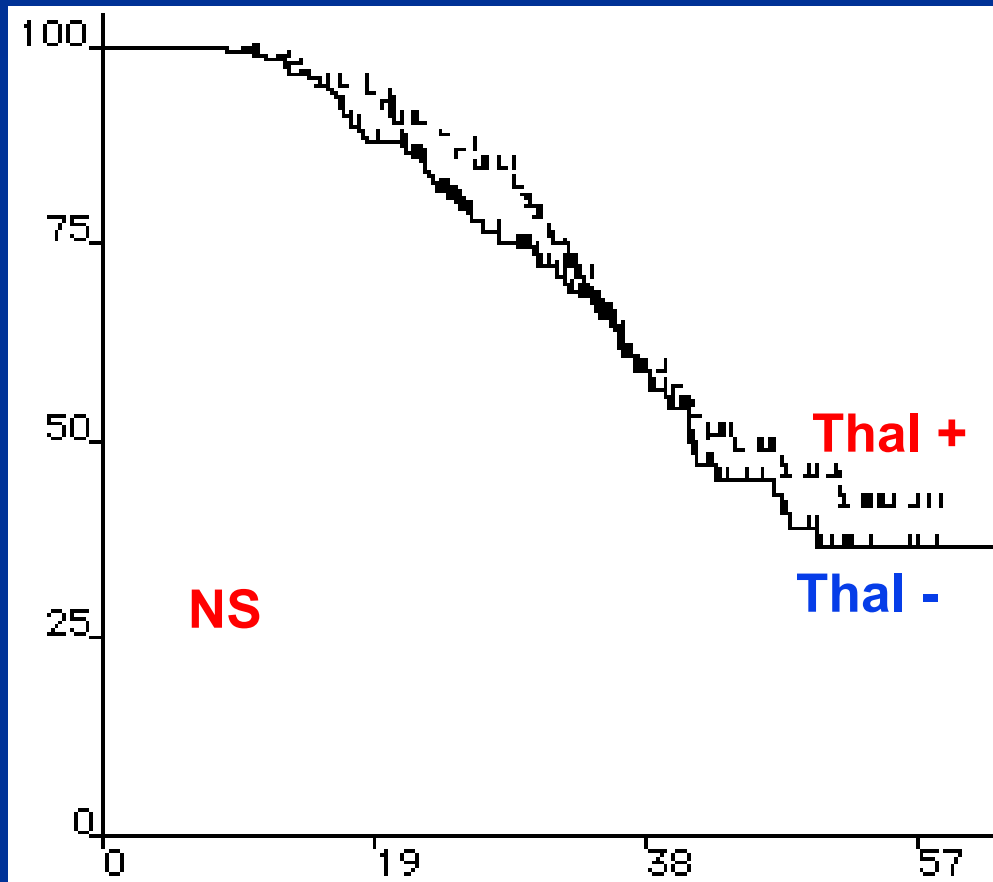


IFM 99 02 : Overall Survival according to Thal (Arm B versus Arm C).

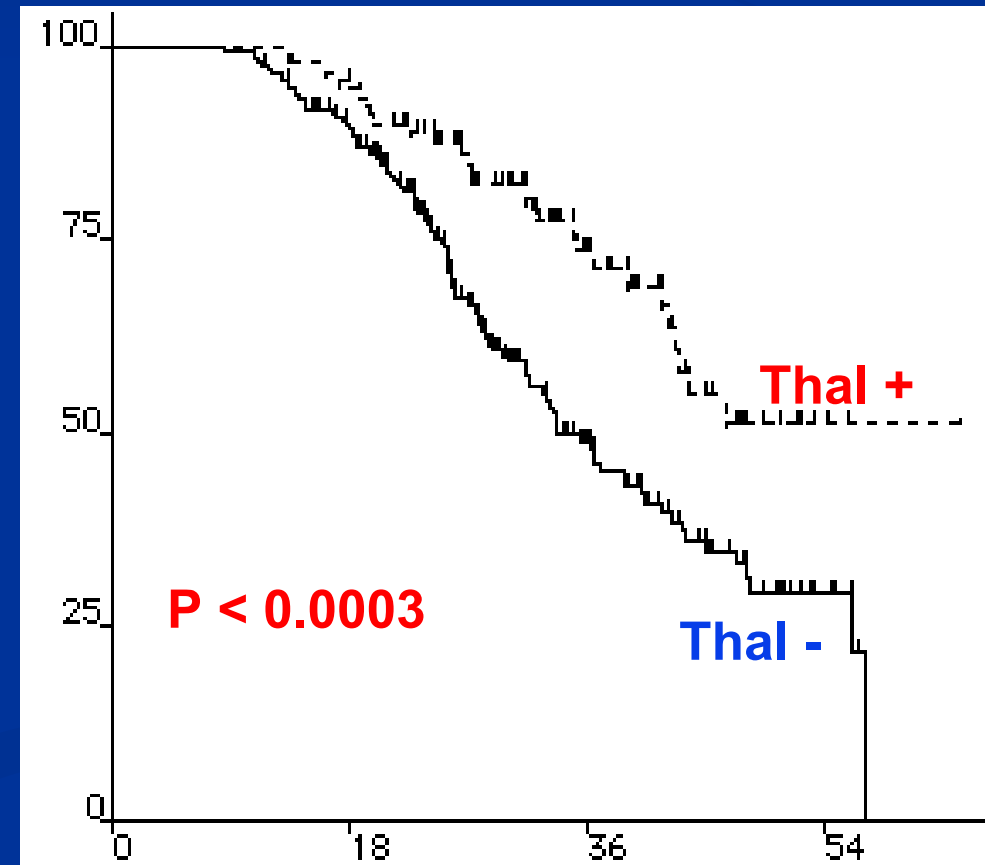


IFM 99 02 : EFS According to Response at Random

Response at Random $\geq 90\%$



Response at Random $< 90\%$



IFM 99 02: Conclusions

- **Thalidomide improves:**
 - Response rate, EFS, and OS when given after ASCT.
- **This survival benefit:**
 - ✓ **Was not due to a maintenance effect :**
 - Not observed among patients in CR after ASCT
 - ✓ **Was due to the reduction of the residual tumor mass:**
 - Only observed among patients failing to achieve CR after ASCT
- Since thalidomide improves the survival by reducing the tumor mass (rather than by a maintenance effect) :
 - ➡ **Stopping thalidomide as soon as a very good partial response has been reached (2 or 3 months)** could be an effective strategy in order to reduce the side effects and to avoid thalidomide-resistance at time of relapse.

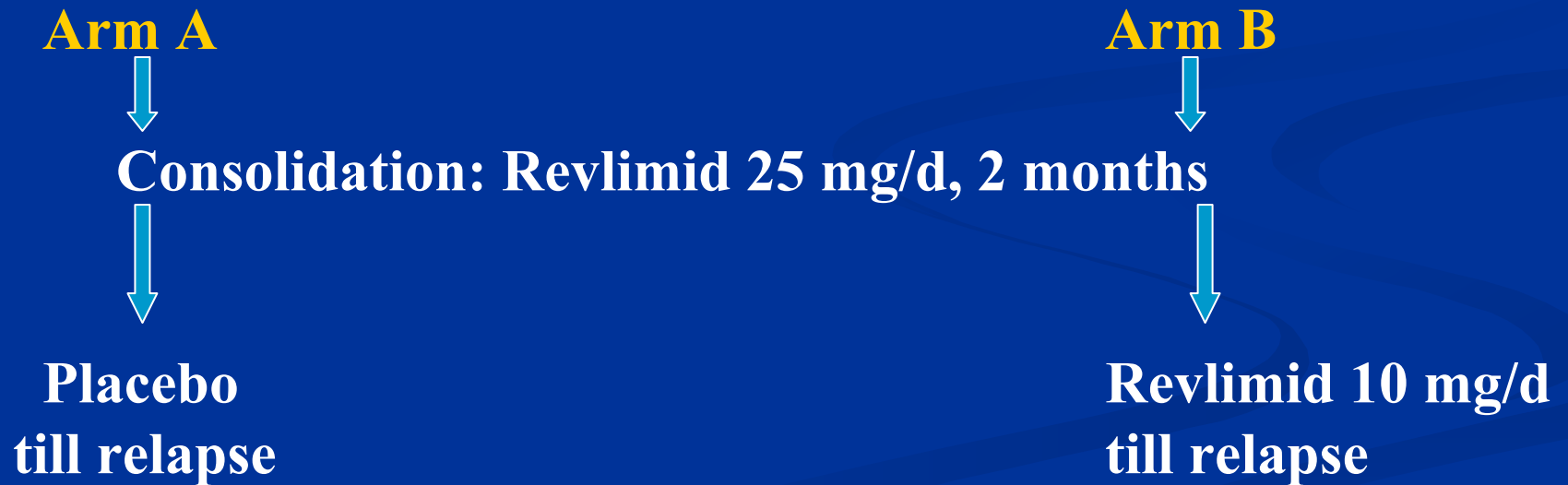
ASCT and New Drugs: Maintenance / Consolidation

- **After ASCT, Thal was demonstrated to be an effective drug.**
- **However, Neuropathy was a major limiting factor (IFM 99: 68%).**
- **Revlimid was a logical alternative :**
 - ✓ **Oral agent**
 - ✓ **Effective at low dose**
 - ✓ **At least as effective as Thal**
 - ✓ **Without neurological toxicity**
- **SWOG, CALGB, IFM 2005 02 protocols.**

IFM 2005-02 protocol

ASCT as part of 1st line TT

Randomization



ASCT and New Drugs : Conclusions.

- **New drugs will improve:**
 - ✓ **The induction regimen: 30-40% of CR/VGPR.**
 - ✓ **The HD regimen: 70-80% of CR/VGPR.**
 - ✓ **The duration of response (Thal+, Rev?).**
 - **Such a CR rate, efficiently maintained, could be associated with “cure” !!**
-

High dose therapy in MM

- 1 - HDT versus CC ?
 - 2 - Which preparative regimen ?
 - 3 - Double transplantation ?
 - 4 - HDT and new drugs?
 - 5 - **Allogeneic transplant ?**
-

IFM 99 : Factors : $\Delta 13$; $\beta_2 > 3\text{mg/L}$

0 - 1 Factor

VAD x 3

Mel-140 + PBSC

Mel-200 + PBSC

IFM 99-02

- No maintenance
- Pamidronate
- Pamidronate + Thalidomide

2 Factors

VAD x 3

Mel-200 + PBSC

IFM 99-03

HLA id Sibling

Non-myeloablative

Allo-BMT

IFM 99-04

No HLA id Sibling

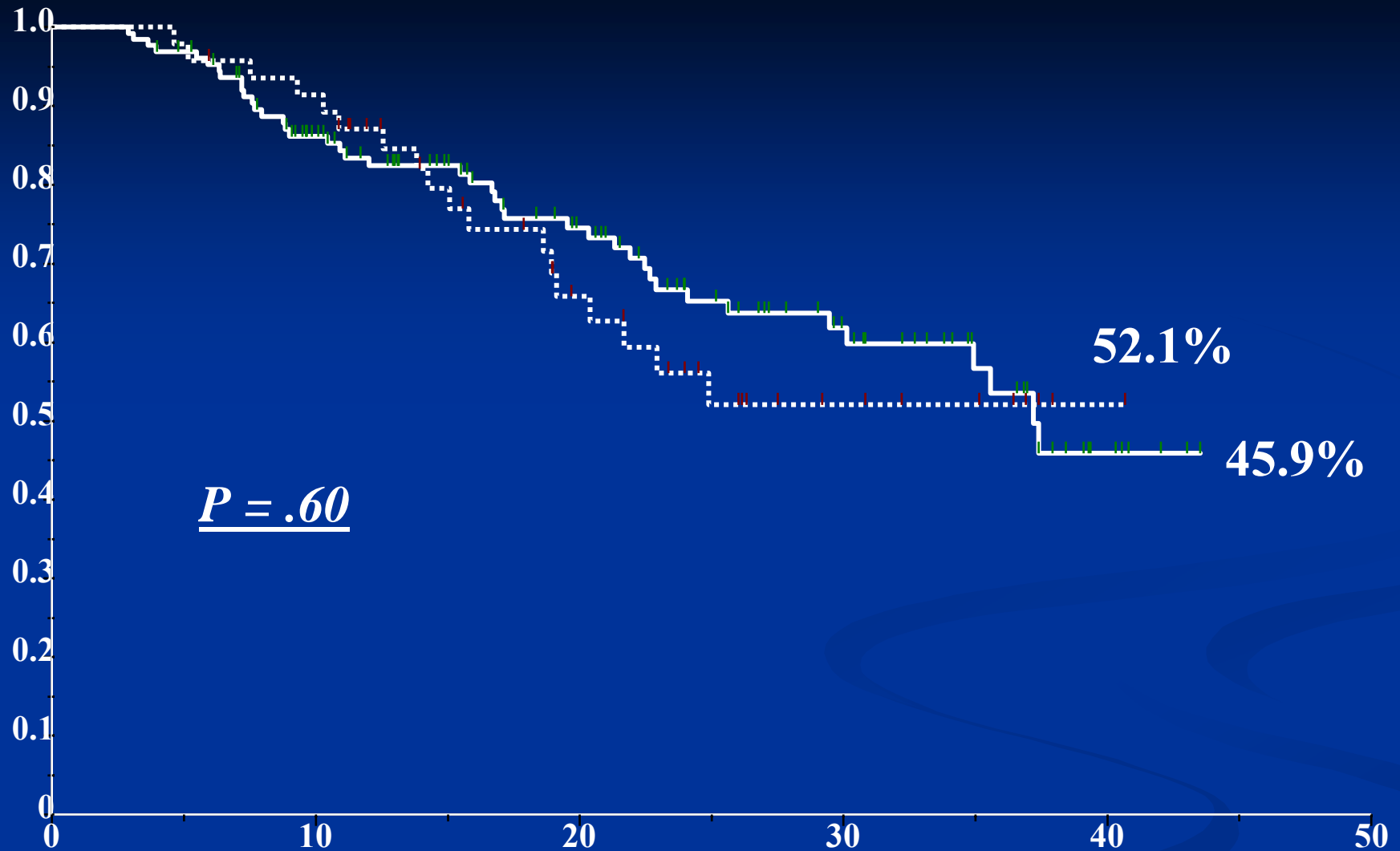
Mel-220 + PBSC

± anti IL6

PBSC collection = IFM 99-01

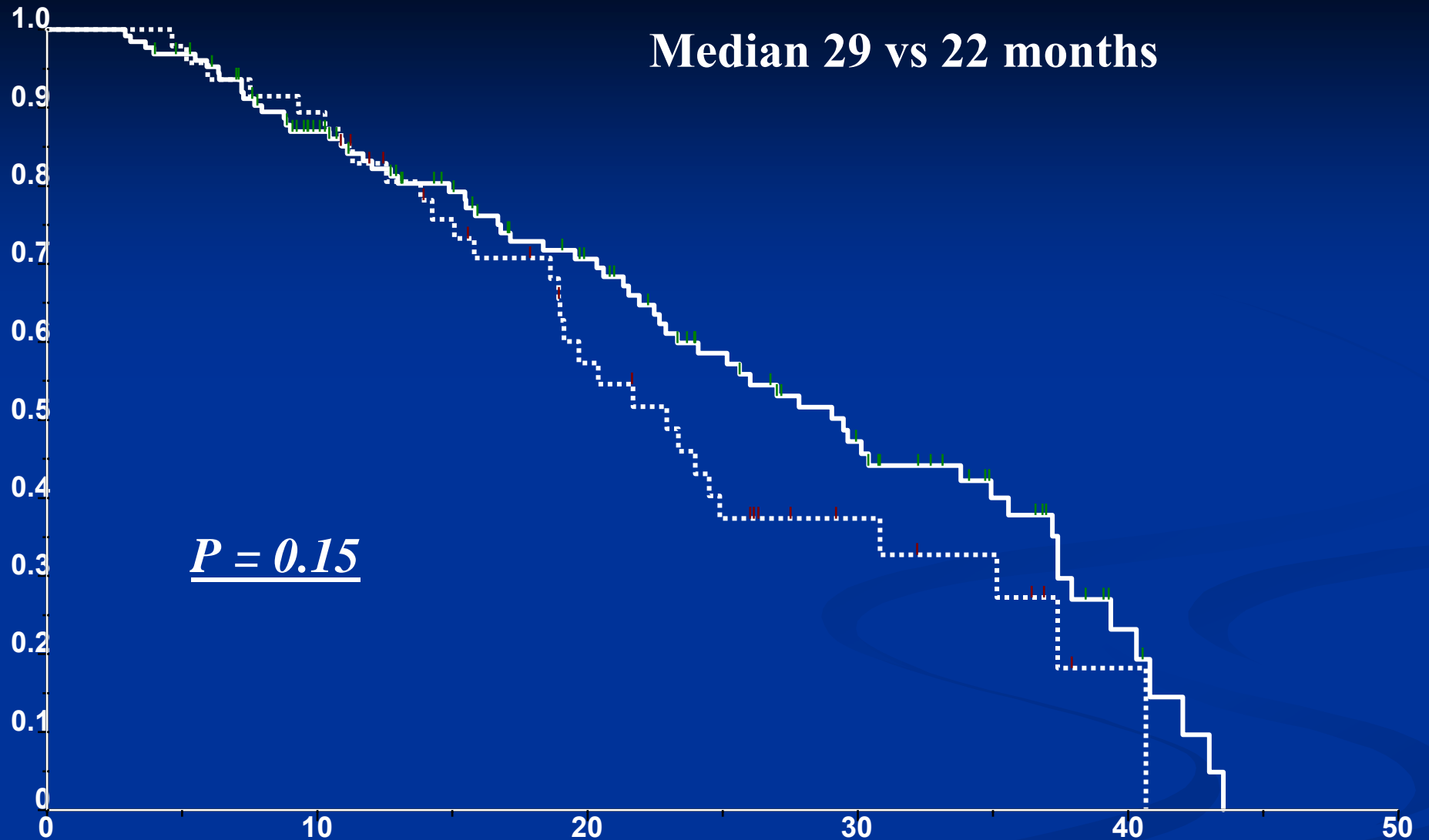
→ Cyclo (4g/m²) + G-CSF

→ SCF + G-CSF



Intent-to-treat : Survival IFM9903 vs IFM9904

Median 29 vs 22 months



Intent-to-treat : EFS, IFM9903 vs IFM9904

Allogeneic SCT: The role of reduced intensity conditioning

- **High and rapid relapse rate in the high risk population.**
- **Thus, 2 different strategies can be proposed:**
 - ✓ **To limit its indication to low risk patients**
 - No ! : 6 year OS >82% after ASCT in the IFM 9902**
 - ✓ **To further control the residual tumor mass after allogeneic SCT By using consolidation / maintenance protocols: Dex-Thal, Rev, Vel ?**